

AVANTI PARULEKAR

MANGOES *to* MINDSET

*From Farming to Leadership –A Journey of Growth,
Grit, and Reinvention*



Life doesn't follow a fixed plan. It unfolds through unexpected experiences that shape who we become.

In *Mangoes to Mindset*, Avanti Parulekar shares her journey from growing mangoes on a farm to leading businesses. The title itself reflects this transformation: Mangoes represent nature, farming, passion, and the occasional indulgence, while Mindset stands for growth, aspiration, and looking forward. The book combines personal stories, leadership insights, and creative tools to help you embrace uncertainty with courage, lead with purpose, and say yes before you feel ready.

- ✓ Challenges are often disguised opportunities.
- ✓ Reinvention begins with letting go.
- ✓ Growth happens in the unknown.

Whether you're a student, a professional, an entrepreneur, or someone at a crossroads—this book invites you to pause, reflect, and see your journey differently.

Your story is still unfolding. Are you ready to step into it fully?



Born in Mumbai, Avanti Parulekar is an ACC-certified leadership coach, NLP Master Practitioner, and CEO of *Magic of Change*. She designs transformative programs rooted in positive psychology and Neuro-Linguistic Programming, helping individuals gain clarity, confidence, and purpose. A former HR professional and an HR 40 Under 40 awardee, Avanti believes leadership begins with self-awareness, not titles.

She finds peace in water, joy in animals, and perspective in nature—especially on her organic farm, where her life philosophy takes root: growth happens patiently, with care.

Mangoes to Mindset is her first book—and like all firsts, it holds a special place.

